

**DOCBIKE DORSET  
CHARITY RIDE OUT!  
SUNDAY 25TH SEPTEMBER 2022**



**THANKS FOR REGISTERING!**

## Safety Is Our Highest Priority

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Following a successful first event in 2021, we are delighted to hold our Dorset Ride Out again this year with TWO routes available! This is our only fundraising event organised by the charity, so it's imperative if we're to be able to continue to fundraise in this way, that it goes smoothly.

While we take safety seriously all the time, we are keen that it remains fun – so we need your help. We are being diligent regarding COVID. The event is held entirely outdoors, so face coverings are not mandatory, but if you wish to wear a face covering, please do so. If additional measures are required to protect you from COVID, we will inform you by email before the event.

Importantly – if you are ill, have a fever, new cough, loss of taste or smell, think you may have COVID or have recently been in contact with someone who has, please don't attend the event and follow the advice given to you by the NHS 111 service. Keeping more than 2 metres apart when on the event will help to reduce the risk of COVID spread.

For information on our regular ride format please read below.

The DocBike Charity Ride Out is an automotive fundraising event. We endeavour to make the ride as safe as possible for all participants of the ride

as well as those around us. We have enlisted the help of [www.unitysupportriders.org](http://www.unitysupportriders.org) to highlight safety issues and address them.

## How A DocBike Ride Works

Once you have registered by purchasing a ticket on our website, we encourage you to raise additional funds through sponsorship or by making a donation. Once you've made sure your bike is in tip top condition and the day has arrived, it is time to ride!

There are many components to a DocBike ride including volunteer junction marshals, mid group marshals, first aid riders and support vehicles.

The most important points are:

- To follow instructions
- Ride behind the ride leader
- No Overtaking
- Follow the speed of the ride. It's not a race.
- Be aware that marshal & emergency service motorcycles may overtake you on your right hand side – continue to keep an eye in your mirrors

Overall – make sure you ride your own ride!! If going through a junction doesn't look safe, STOP! Keep your eyes up (don't just look at the number plate of the bike in front, but be aware of things up ahead which may cause you and others to stop).

## Riding Safely: Important Points

### Speed Limits

Such rides tend to progress well below the posted speed limit for that road. We're just interested in riding to the finish point and having a great ride, speed for this event isn't important. Go with the flow, have fun and enjoy!

## **Helmets Are Mandatory**

All riders must wear helmets that are legally compliant.

## **Obey Signs & Traffic Lights**

- Do not block any roads without the consent of local authorities.
- Do not run red lights.
- Give Way signs to be followed.

## **Strictly No Burnouts! We Are Gentlefolk!**

Do not do stunts, burnouts, bike surfing or ride recklessly. This is not appropriate behaviour for this event. We ask all riders to set the best example. This event is a great way of combatting often negative motorcycling stereotypes.

# **Ensuring Safety: What Safety Procedures Does DocBike Use?**

## **Don't forget to listen to the Ride Safety Briefing**

At the start of the ride, we will give a ride safety briefing. It is ideal to arrive as early as possible to the Ride Start Time to ensure you listen in to the Ride Safety briefing. We will cover the details of the ride, introducing the volunteer riders helping and most importantly the safety points of the ride.

## **Motorcycle Breakdowns**

We will endeavour to have a support vehicle that has the capability to load up a broken down motorcycle. If we can get a support vehicle for the event, it will stay at the back of the ride so they can sweep up any motorcycles along the way. They will drop the bike off either somewhere safer than it was collected or at the final destination where it is the participant's responsibility to pick up the bike. We strongly advise you to have your own arrangements with a breakdown organisation as we can't guarantee either a support vehicle on the day, or space in the van if there are multiple breakdowns. If a

support vehicle is available and used, DocBike, nor the support vehicle cannot accept responsibility for any damage that may occur.

For any other information send an email to [info@docbike.org](mailto:info@docbike.org)

## Safety FAQ

### **What does DocBike do to ensure there are no collisions?**

We give a safety briefing prior to the start of the ride to remind all participants that bikes should maintain an appropriate speed and safe distance.

We send you this briefing in an email to all registered participants to highlight the risks and information on how to ride safely.

### **What happens if I have a malfunctioning motorcycle?**

We will attempt to have a sweeper vehicle with the capacity to safely move broken down vehicles. The vehicle should contain a tool kit, first aid kit (or a first aid certified provider riding at the rear of the pack with a first aid kit). This may not be possible however on the day or have the capacity to help if there are multiple breakdowns. Please ensure your bike is in working and safe order before joining us on the event.

### **Infringement of local law as a result of inappropriate riding behaviour?**

Inappropriate riding is not accepted. Organisers will announce that inappropriate riding behaviour will not be accepted and anyone who attempts to ruin the event will have their number plate details given to local authorities. We communicate this via email and on social media.

### **What does DocBike do to ensure everyone is wearing the minimum personal protective equipment?**

We continuously inform all riders that they must wear personal protective equipment that meets local legislation requirements. We communicate this via email and on social media.

### **What if the weather is inappropriate to ride?**

In the interest of safety, the organiser can postpone rides if the weather appears unsuitable.

DocBike will communicate this via email and social media to all participants.

### **What happens if the ride is too large? What controls does DocBike implement?**

We set an appropriate event attendance limit, in conjunction with any advice from local authorities. We encourage the use of a loudspeaker (if possible) to ensure participants can hear the pre-ride safety briefing. Organisers monitor and record numbers of actual participants in order to safely estimate the next year's numbers. In case of the ride hitting capacity, there will be a limit set on registrations for that ride. DocBike work with the local authorities and strategic road safety partnership in the area of the ride to ensure we are compliant with their safety procedures.

Riders should also print out the details of the ride to ensure they have them on hand at the event.

### **What to do when there is excessive sun exposure resulting in dehydration, fatigue and sunburn contributing to incident or accident.**

Rides are encouraged to start at places that offer shelter, food and drinks. The event is short and usually only goes for approx. 3 hours. If it is expected to be extremely sunny or hot, we will encourage riders to bring and apply sunscreen.

### **Riders speeding to catch up with group if the group is separated at intersections.**

Part of our guidelines are that the route should be well mapped out and published in advance. This is a suggested route with participants choosing alternative routes if they feel unsafe. The route will be covered at the safety briefing by your ride host. Each ride may have multiple re-group points to ensure people do not rush to catch up to other riders.

If a rider becomes separated or lost, we suggest they make their own way to the final destination, following local highways regulations to re-group with the event and enjoy the post-ride festivities.

### **How do you stop excessive speeding resulting in an incident?**

The speeds on the ride will be low, managed by lead riders and marshals. DocBike is a slow-paced, short event that tries to avoid areas of high risk.

### **Intoxicated while riding resulting in an incident.**

If someone is deemed intoxicated, they will be removed from the ride and the local authorities informed. We take this very seriously and we communicate this with all participants via email and social media.

### **What to do in the event there is inadequate parking at the start, finish and stop locations resulting in traffic congestion, illegal parking and traffic hazards.**

DocBike selects areas suitable for the numbers they are expecting. Some rides may have unexpected riders join through friends. We ask that all riders register to ensure we can provide adequate space for these riders.

Where capacity of the start location is exceeded, we may run the event in waves, encouraging riders to arrive between a specific time window.

### **Deliberate or unexpected incursion by motorists into the ride group.**

We remind all participants to ride responsibly. If another vehicle enters the event, give it room and let it carry on.

### **If the vehicle causes injury or damage to a participant:**

- We encourage riders to ensure that the welfare of the rider(s) is attended to immediately and that the safety of all other participants and the general public is maintained.
- We encourage riders to ensure the welfare of the motorcycle is seen to and obstruction of traffic flow is minimized.
- If the motorist fails to stop, DO NOT pursue them, simply ensure that all details of the vehicle (make, model, colour, license plate number) are recorded to pass on to police.
- If the motorist stops to assist, DO NOT threaten, abuse or attempt to engage the motorist. Instead, have them wait in a safe place until police arrive.

### **In the event of a crash:**

- Make sure the scene is safe from other traffic
- If serious, call 999

- Provide emergency first aid until help arrives

More experience of what to do in the event of a bike crash can be obtained by attending a [BikerDown course](#)

**What happens if the police or another public authority wish to cancel the ride?**

We will do our best to work with ride hosts and communicate with local law enforcement prior to and during the event if required. If the ride is shut down, we will accept the request. Ensuring the safety of participants is our utmost priority.